

**Sue:** Have you ever been through a situation that leaves you deeply depressed, convinced that your life to date and for the foreseeable future has been useless and you have been of no use to anyone?

Well, that happened to me a few years ago.

When I was 22, I made a conscious decision to put my social life and prospects of a family on the back burner (actually it was more of a case of discarding them altogether) all for the sake of wanting to get to the top in my chosen profession – nursing.

So I put all my eggs in one basket as it were, and yes, I made it to Senior Sister. I was there, where I always wanted to be. But, twelve years later, my department went through “restructuring”. Heard of it? Within six months I had been demoted two grades in the very same department.

To cut a long story short, I was devastated. The only thing that mattered in my life was taken away from me, and this came just a year after my father had died horribly from lung cancer that had invaded all his body. I was left deeply depressed, angry and lonely, and I experienced three breakdowns in three years. I finally left the NHS not good for anything or anyone.

One day I met some wonderful people from a church called Living Stones and with their endless love, compassion and encouragement I went on their version of the Alpha Course which they called the Discovery Course. From the second session, I had fallen in love with Jesus Christ, hook, line and sinker! I was transformed and filled with God’s Holy Spirit. I was walking on air for a week!

Of course, that euphoria did not last forever. You do come down to earth eventually and have to work hard at being a Christian. But you

know what? All you need to do is ask God to keep filling you with the Holy Spirit and He will always do it.

Recently, when I had a big decision to make, everyone told me to ask God to guide me and pray into the situation. This I did and my friends did too, but the deadline was getting closer and I was panicking! However, everything came together all in a rush five days before the deadline. Now I know what they mean when they say: "Trust God and He will do what is right for you!"

That is not to say He gives you everything you ask for, only what is right for you. He provides for your NEEDS, not your GREEDS! After all those years of searching for something - career, money, self-importance - I finally found it in the arms of God. You too can find it. All you have to do is ask God to help you and just love Him.